

**How To:**

*Seduce a Woman*



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## How To Seduce A Woman.



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Wanting to know how to attract women and, learning how to seduce a woman is a common desire of most men. Other guys are always good about giving advice on just how to go about doing this. They think they know

exactly what a woman wants, but many of them are way off the mark.

If you're trying to learn how to seduce a woman, then you'll have to take a few things into consideration.

Some methods have been tried over and over by guys and always end up failing. However, there are other methods that seem to work for just about anyone.

There are some things that need to be in place before you need to worry about how to seduce a woman. Being rough, tough, and macho isn't always useful in how to attract women friends in general, let alone how to seduce a woman.

You don't want to pretend to be someone else, but work towards being the kind of person that a

woman will find seductive all on her own.

If you don't already have a handle on the following seduction tips, then it might be helpful to start working on them.

Some people are naturally suave and simply ooze charm; others have to work hard at it.

The seduction tips listed below are something that anyone can use to attract women or even just to be more pleasant around in general.

### **How to seduce a woman with eye contact and a smile**

There is a fine line between making good eye contact and being creepy. Don't stare at the woman. It also helps to make eye contact and smile too.



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It's amazing at how much tension can be released by simply smiling at a stranger. This could easily be your first step closer.

Making a woman feel at ease will often keep her from looking and walking in the other direction.

## **How to attract women with a clean appearance**

Looking nice and tidy definitely will make you more appealing to women. Having dirty clothes and messy hair makes it seem like you don't care about much, so this will make women think you feel this way about everything in your life.

Women are more likely to take a man more serious if he is nicely dressed. Wearing clean and tidy clothes also shows that you care about how you look.

This also shows you have a bit of self-respect and will most likely be respectful to other people.

A man that cares about his appearance and maintaining it is sexy to a women. A man that is messy and does not groom himself is not someone a woman is going to notice on the street or in a public place.

A messy appearance does not send a good message and does not make a good first impression at all. Looking polished and put together will get you more attention from women because it is physically more attractive.

-BUT-

At the same time, you do not want to overdo it. A woman will not like a man that is too into his

appearance. For example, if a couple is going to dinner and the man is taking a much longer time getting ready and causes the woman to wait longer, it is not going to sit well with her.

This is why the amount of grooming and the amount of time it takes should not be excessive and should instead be balanced.

### **How to attract women by being polite and courteous**



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Manners can get you a long way in life and makes women look longer at you. Being rude and loud can cause women to look the other way.

and be rude to their buddies, in order to attract attention.

Some men think it's cool to talk overly loud

Rudeness might be fine when you're hanging out with the guys, but belching and scratching yourself in front of a woman might not get you a very positive response.

This will most likely attract negative attention, instead of a long gaze from a pretty lady.

## **How to seduce a woman with your sense of humor**

Women love men who can make them laugh. You also need to be able to laugh at yourself.

Having a great sense of humor about life itself makes a person much more optimistic.

No one, especially women are drawn towards pessimistic men.

## **How to attract women by keeping your promises**

When men keep their commitments, it is always a good sign to women. It lets them know whether or not a man is reliable and actually acts on what he says he will do.

A simple example of this is being on time. If you have a date and plan on meeting up, it is not a good idea to be late.

Making her wait for you is going to make her second guess what kind of person you are, especially if it happens more that a couple of times.

## **Be Yourself**

Try to be yourself when approaching a woman. Striking up a pleasant, casual conversation is a

great ice breaker. Men have different styles in finding out how to seduce a woman.

This is a good idea if you are even the slightest bit unsure as to how to go about talking to the ladies. Don't opt for a cheesy pick up line, unless you can turn it into humor and not come off as just some weirdo hitting on a woman. Ladies often like a guy who will make them laugh.

### **Pointers On How To Seduce a Woman.**

All men are on the lookout for good looking women. Some men have no difficulty, because they either have natural charm ,or are experienced with how to seduce a woman. Even if you are just a regular guy, you too can land a beautiful woman, if you are able to project the proper image.



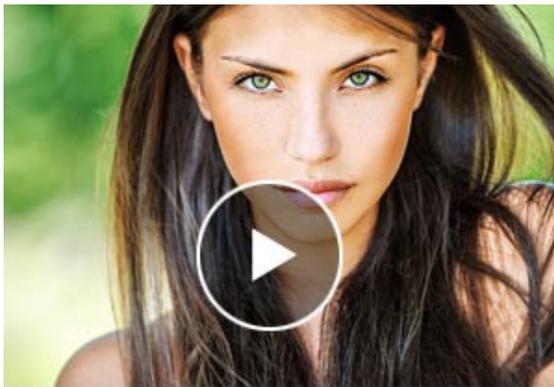
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But first you have to believe in your ability. You may not have the perfect physical physic that make a man attractive without effort. Women find more than physical appearance attractive in a man. Keep in mind, with women, attraction is a mental game.

## Confidence

Being sure of yourself is more attractive than thinking only negative thoughts. Men who are confident actually stand taller, smile more, and make better eye contact.

Even if you're shy, you can still be confident. Showing you know what you want and that you feel good about yourself is a great way to display confidence.



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Women often like confident men and are impressed when they can show this easily. Sometimes it's something that can be faked until you start to believe it yourself.

This might take some time, but it is possible.

Confidence is a key factor that will make you successful with beautiful women. Without confidence, you are already defeated.

We see beautiful women with overweight guys, geek's, nerds, and just about anything else you can think of. All of these guys have only one thing in common. Its called confidence.

## **Why is confidence so important when it comes to woman?**

Woman aren't exactly the most confident of creatures either. There the ones who fix themselves, dress up, and make up until they look absolutely perfect.

Doesn't that sound like a confidence issue. But then maybe that is why it is important. There really isn't anything we can do about it.

Woman like a confident man. So just how do you get more confidence? Positive thinking! That's where it begins.

You need look at "how to seduce a woman" as something your good at. If your good at cooking you just do it. You don't really think about it, because you know your good.

When you see a girl your interested in just walk up and start talking to her, in a friendly manner. I know, easier said than done.

Most guys just doubt themselves. When they see a girl their interested in they start making excuses. The old familiar tapes start running in their heads. Things like, she is out of my league, or I'm really not that interested, and numerous other things.

This is negative thinking!! You have to stop it!!

Next time you see a beautiful woman you're interested in, you should try something more positive. You need to start and practice your positive thinking. The bottom line is woman want a confident man and you need to overcome it.

### **Learn which buttons to press.**

The buttons you should be pressing are the ones that you know will turn women on. You need to learn the things that can draw a girl's attention and how to keep that attention on you. Learn more about the nature of women so you will know which buttons you need to press.



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### **Speak with power.**

Learn to speak with power and dominance. And I don't mean yelling, or even in an aggressive matter. The way you speak has a great influence on how a woman sees and thinks about you. Certainly, you will feel nervous while in front of a beautiful lady. Do not allow this nervousness to show in your voice.

Uttering words of uncertainty such as 'umm' and 'right' might get you nowhere with her. Your speech and manner of speaking should be coherent, clear and crisp. Slow your speech down, but not too slow or you will sound simple.

### **If you want to learn how to seduce a woman**

You must learn body language! In the art of seduction and attraction, it is always a great idea to learn about body gestures and language. They all communicate meaningful messages.

I had a talk once with this guy who was really successful with women. He told me about how our body language is the majority of communication between people not the actual words. And keep in mind your attitude and confidence are directly related to your body language.

Learn to pick up on the sub communication. It will consist of a number of nonverbal cues, including hand, head, and leg movement, overall posture, touch, gestures, smiles and frowns, gaze, pauses, voice tone, voice pitch, eye contact and breathing patterns.

Anybody can find lots of information about other people by their body language. You can tell if a female is outgoing, if she is into you, if she is into somebody else, and especially if somebody is shy or just nervous.

## **How you feel about yourself.**

How you carry yourself will directly effect how you feel about yourself. Hold your head up high, have a huge smile that goes from ear to ear, while you walk proudly. Notice how you feel!

Afterwards, walk around with a big frown on your face, slouch, hold your head down, put your hands in your pockets Notice how you feel! Did you notice the difference between both of these body postures?

Think about somebody who is really confident and good with women. Take a look how he walks, how he sits, how he speaks... and how he gets VERY relaxed quickly in a situation that would make most guys very uncomfortable.

He is calm, relaxed, commands attention, looks you in the eye and takes up space.

When you walk into a nightclub. Act as if you own the place. Sit on a chair and take up a ton of space. Spread out as much as possible, even put your feet up on the table. You may not have to seduce a woman, she may seduce you.

When you talk to somebody get their attention first then go into a relaxed body position. I've found that when I do this everybody is more responsive and interested in what I have to say.

I can lead them very easily. This is because I'm comfortable and relaxed which I owe to my body language. This makes it so much easier to seduce a woman.

## **The Conversation - The First Step On How To Seduce A Woman**



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Keep your approach casual. Don't let yourself get so nervous that you forget basic conversational skills.

Instead, try to stay calm and open the conversation in a low-

keyed way. If you have never talked to the woman before, you may even find an excuse to talk to her.

Try asking a question about something going on around you at the moment, or talk about a local sports team. Anything in the here and now, even the old standby, the weather, although that subject may be seen as lame.

If you're texting a person for the first time, make sure she knows who you are, so that they don't feel creeped out. Usually if you are texting a woman, you have already met.

So instead of saying this is so-and-so, remind her of what you were doing, or something that was happening. This will put an image of you in her mind.

Don't make the mistake of talking about yourself too much. The majority of men are most comfortable talking about themselves, because it's a topic they know well, and because they think they are building some kind of status with a woman, they're not.

Instead of giving in to the temptation, and discussing you endlessly, encourage the woman to talk about her self.

However, you should occasionally throw some personal facts about yourself, in to the conversation, to help her to ask questions about you in turn.

Remember, you are also trying to get to know each other. The key is to leave it up to the woman to pursue an interest in things relevant to yourself.

This tactic actually serves two purposes: Not only does it keep the conversation going, but it allows you to find out more about the woman you are interested in.

This is especially good if you don't possess prior

information about the woman. If you don't know her very well yet, you can ask questions such as:

"How did your day go?"

"So, what do you do with your free time?"

If you do know the other person a bit, focus on something you're already aware of, such as a hobby or interest.

For instance, maybe she is really into sports, or you know she loves to read.

"Did you see the game last night?" or "Have you read any good books lately?" would be great starts.



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Whatever you do, try not to have it come off as sounding like an interview.

You can keep the discussion lively and interesting without probing too deeply on personal topics.

For instance, asking a woman what exactly she likes about running cross-country would be a great idea; asking her for more details on family relationships or close friendships would be too much,... too soon.

Know when to press for more information. You must do this in a joking, bantering flirtatious way so that it doesn't feel too serious. Do not converse like you're interviewing the woman.

Here are some ways to ask for more information flirtatiously:

"So are you planning on spending all night online or do you have more exciting plans for this evening?"

"Are you going to kick some butt in tonight's game?"

"I've noticed the cute kitty in your profile picture. Is that who you spend most of your time with?"

### **Try Being Playful. An Important Step To Seduce A Woman**

Smile. Flirt. Touch. Tease. Don't be too serious. Women enjoy having a good time. Have fun with this woman. Enjoy the game.

Studies have found that a being playful makes people more attractive. Playfulness in males signals non-aggression.

Humor is another important part of your personality that contributes to attractiveness. Women are more likely to give their phone

number to men who use humor.

And keep in mind that people in general don't like other people who can't take a joke, or are easily offended if anything bad gets said about them. Be able to take criticism in stride.

Hey, if you dish it out (and you should; playfulness is attractive) you should also be able to take it.

### **Becoming More Playful - A Learning Step**



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Spend more time around kids. Spending time with children is the easiest way to become more playful. You should play with them, not so much with the goal of teaching them.

Take the time to learn from them, watch how they approach and look at life. Children look at everything as new, with curiosity, excitement, and joy. You should try to remember approaching life in this more playful manner.

Take the time to play with a pet. If you have a dog or a cat or know a friend who does, then spend more time playing with animals.

Whether you're walking a dog or tossing a ball to it, or playing around with your cat and a feather toy, playing with animals will alter how you look at things, and will help you approach life in a more playful way.

Being around animals can help you take some of the structure out of your life and to approach things in a less controlled way.

### **Compliments - Don't Skip This Step**

Compliment the woman early in the conversation. Don't chicken out and skip this step, it might seem difficult, but it's incredibly important.

A compliment communicates that you're potentially interested in dating, and steers you away from the dreaded friend-zone.

If you skip paying the woman a compliment and simply keep the conversation on a friendly level, it might be too late next time.

If you don't know the woman very well yet, but you're working on it, use a generic compliment. Say something like, "It's so easy to talk to you," or "I kind of can't believe I'm getting to know someone as interesting as you."

Try weaving the compliment into the conversation. For instance, if the girl you like is talking about how she had a terrible day, you

could say something like "I hate seeing someone as beautiful as you feel so unhappy. What can I do to help?"

## **How To Seduce A Woman Personality Traits.**

How to seduce a woman is often HOW you say something not WHAT you say. What I find interesting is women can be completely seduced by a guy without him saying a word. Just through the sheer presence of his aura, he can hypnotically attract her. I'll reveal five simple ways on how to seduce a woman without needing to say too much.

## **Develop A High Status Personality**

Whatever you're heard about women is probably false. While they profess a desire for "nice guys" who treat them like gold, most secretly want a guy who can demonstrate high status and a bit of cockiness.



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While you don't have to act like an arrogant jerk, you MUST demonstrate that you're a guy who has high status and is popular in a social context.

So when you're around women, you need to show that you're a leader NOT a follower. This means being the center of attention and carrying a conversation.

By doing this, you'll demonstrate qualities like initiative, confidence and authority. All of these are seductive qualities to women.

### **Be Sexually Desirable**

A Trait that's equally important to showing a high status is to display a sexually desirable attitude.

Remember that women are EMOTIONAL creatures. So they're typically attracted to the men who can show that they're sexually desired by other women.

The best way to do this is to make reference to girls you've dated. Additionally in a public setting, you should be seen talking to lots of different women.

The more a woman sees you DESIRED by "the competition", the more she'll find you interesting.

### **Develop Confidence**

You're probably sick and tired of girls saying they want a confident guy. But there's a simple reason for why they say this...



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It's because they WANT a confident guy.

In order to be seductive to a woman, you must show that you're comfortable in all

situations. This is true even if she tests you or tries to be manipulative.

No matter what happens, you should maintain a confident attitude. The simple truth is women consider a lack of confidence to be a "deal breaker".

There are not many women around who want a guy who shows a lack of confidence. So if you're lacking confidence, then you MUST find the root reason for it. Then work hard to improve this area of your life.

### **The Fancy job or lots of money myth**

While these qualities are important, you can still be seductive even if you're lacking in this area. Now if don't have lots of money or a great job, you have to still demonstrate that you have the core trait of ambition.

A woman is willing to forgive a lack of present

means if you can show that you have dreams that you're working towards.

To show this seductive quality, you have to demonstrate that you're a guy who is working towards something. In fact, a great technique is clearly describe your goals and what they mean to you.

A man that does not have goals will psychologically tell women to stay away. This is because as human beings, we expect to meet another person and have a family with them one day.

A man who has no goals seems like they do not want the best life has to offer and therefore sends a subconscious message that they will not be the best provider or role model to any future children that might be had.

Women typically have set high goals in their lives and strive to achieve them to better themselves. They are attracted to men with the same ideals.

A man who knows where he wants to be in life and how to get there is very attractive. It shows that they want to make the most out of life and are up to any challenge that comes their way.

It shows will and determination, which are great qualities.

## Learn To Have Fun

As I said before, women are emotional creatures. While they might claim to want a nice guy, they'll always be seduced any guy who is a provider of fun and exciting times.

The best way to show this quality is continuously tell stories about your life and the various adventures you have. And the best way to do this is a technique called the "Future Adventures" routine.



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It's a fairly easy concept to use. Whenever you talk to a woman, you describe the fun and exciting things SHE could have with you.

By emotionally talking about a possible adventure, you'll draw her under your hypnotic spell.

Being able to seduce women often comes down to displaying a personality which women mysterious and interesting.

When you demonstrate a superior attitude, women will be naturally drawn to you.

Using the seduction tips mentioned above can get you started on your quest of how to seduce a woman. Try planning out your moves, so that you don't seem too awkward when approaching a woman.



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