



# Pure Reiki Healing

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## Pure Reiki Healing



I've done a lot of reviews for alternative health products for the past few years, and it was only recently that I came across a product called Pure Reiki Healing.

Now, admittedly, I had no clue as to what Reiki was, so I set aside some time to look into the subject.

What I discovered was that Reiki is an ancient art of healing, originating from a Japanese Buddhist monk named Mikao Usui.

He had been attending a 21-day retreat at the Buddhist Center at the foot of Mount Kurama, when he was "gifted" a revelation during the early hours of his last day on the mountain.

Mikao Usui was excited about this new healing insight he received, and began practicing and fine-tuning it when he returned to Tokyo.



The rest, as they say, is history, as more and more people began practicing the art.

Owen Coleman's Pure Reiki Healing is the digital reincarnation of the Reiki healing process, but it is by no means less effective than the original teachings.

Pure Reiki Healing is made up of 3 training manuals – which correspond to the 3 Levels of Reiki – and the supplementary 3 training videos.

The package is complemented further by an expansive collection of meditation and Reiki music that will speed up your mastery of Reiki.

Let's look at each component of the Pure Reiki Healing offering.

First we have the 3 manuals.

Presented in an easy-to-read format, the manuals provide comprehensive insight to the various aspects of Reiki. From its history, to the various healing techniques, to sacred symbols used in treatments, and other relevant and important issues surrounding Reiki.

The manuals are adequately illustrated with pictures demonstrating how one might be able to conduct self treatment for common ailments such as headaches, leg pain, eye strain, and even more serious conditions such as stroke, spinal injuries, heart problems, among others.

But one of the great things about Pure Reiki Healing is that it offers readers quick relief in the form of its Rapid Reiki Treatment module, which it claims to take up only 15 - 30 minutes a day... a definite plus for anyone with a busy schedule.

Other techniques include the Ultradian Rhythm technique, which can be used when the body is going into a semi-trance state or drifting off; group reiki treatment; the surrogate method of distance healing, and much much more healing strategies in Pure Reiki Healing.

The biggest selling point however must be the demo videos, dubbed "Master Class videos", where you'll literally see for yourself key hand positions for the treatment of a variety of ailments demonstrated "live" by a Reiki Master.



This is definitely a plus, because it goes without saying that you'll learn much better watching how each technique is supposed to be executed, compared to merely reading about the techniques from a book.

Best of all, this entire package - the 3 manuals, the collection of meditation and Reiki music, the "Master Class" videos, and the certification system - is offered at

a very affordable price.

But the big question is: "Does it work?"

As someone who's gone through the entire course, and as a reviewer of such home study courses, I'm glad to say that it does work.

I attempted a self treatment for a cold that I had contracted while undergoing the Pure Reiki Healing course, and true enough, the cold was gone within days.

A surprising "side effect" to that self treatment was that I felt re-energized, and... for want of a better word... healthier.

And I achieved all that without having to fork out a penny for over-the-counter medication or a trip to the doctor's.

That's the biggest reason for anyone to purchase a course like this: the potential savings in healthcare costs in the long run.

You won't have to worry about hefty medical insurance or hospital bills you can't afford, because if you can afford the small price that Owen Coleman is asking for Pure Reiki Healing, then you're never going to have to worry about falling ill.

So if you're going to put your money into anything where your health is concerned, invest in Pure Reiki Healing.



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