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## “Are You Pushing Him Away?”



So you met a man and everything was going great between the two of you. Or so you thought.

Then, quick as lightning, he was out the door.

When it comes to relationships, women and men have unique perspectives. From first date etiquette to when to sleep with their partner, the outlooks are diverse.

However, when a man pulls away from the woman he's seeing it's usually for a specific reason.

Here are three HUGE mistakes women make that push men away.

They're clingy.

If there's one thing that'll send any man running it's a clingy woman. Sure, it's nice to be affectionate and show him that he's on your mind, but when you make him your be and end all, he'll start to feel smothered. When this happens he'll try to regain his independence by pulling away.

What's worse is when you make it known that you're

falling for him, too quickly. Since men are looking for fun in the beginning of a relationship, letting him know that you're already planning your future together will scare him away. Instead of showing your emotions too soon, it's crucial that you remain calm, cool and collected.

Remember, if a man senses that a woman wants more from him and the relationship than he's prepared to give, he will pull away.

They're insecure.

Studies have shown that 97% of women are unhappy with their bodies at least once a day.

However, when it comes to relationships showing your insecurities is never a good idea. Sure, it's nice to be comfortable enough to talk about your gym routine or the healthy eating kick you're on with your man, but if you're asking him "Do these jeans make me look fat" or nagging anytime an attractive woman talks to him, then you're digging your own relationship grave.

The problem is that once your insecurities start to show there's no going back. Instead of pushing him away with your self-doubts show him your happy-go-lucky side and he'll be hooked.

A good tip to follow is to pretend that every date with your man is a first because there's no way you'd let him see this side of you then. For more ideas on how to boost your self confidence [click here](#) and watch this free video presentation from relationship expert Amy North.

They're unhappy without him.

Just because you're happy when you're with him it doesn't mean that he isn't catching on to your negativity when he's not in the room. In fact, if he knows that he's your sole source of happiness then it's likely to push him away.

The problem here is this type of situation makes him feel pressured to keep you content, and that's a huge responsibility for anyone! Instead of relying on him to keep you smiling, make the most of your life. Do the things that you love. When you do, you'll not only be making yourself happier, but it'll improve the overall quality of your relationship too.

For a deeper insight on what pushes men away take a moment and watch this free video presentation.

