

Cover Photo By [LyndaSanchez](#)

When learning how to seduce a woman, making eye contact is very important. Remember, when the person speaking to you is avoiding looking you in the eye, you will feel as if he or she is telling a lie or keeping a secret from you.

Same goes when trying to seduce a woman. Also remember, when attracting women, eye contact is also very important.

When out in a bar or in any other public place, remember to make eye-to-eye contact with every woman you pass by, and smile ever slyly. Do not be the first to break eye contact.

When you do, break eye contact to the side, never up or down. Doing so will clearly tell the woman that you have a dominant nature.

When you are in a conversation with a woman you like, make sure to look at her in her eyes so she will know that you are sincere and true with each word you tell her.

Do this especially at meaningful points in the conversation. Like when you are paying her a compliment. Briefly glance away occasionally while you are talking, so you don't come off as being aggressive.

To seduce a woman. Don't hide your gaze. Get caught looking. Don't stare, but do throw small

glances at someone. Keep doing it until she catches you. Hold the gaze for a second, smile, and look away.

Try a wink, or raise your eyebrows at the woman. It's cheesy, but it works if used sparingly. Do it when you're looking at a woman from across a room, or if you're talking in a group and say something really meant for her.

How to Seduce A Woman With The

To seduce a woman with the look, spend 10 minutes a day or more practicing in front of a mirror. The look in your eyes you want to achieve is intense passion.

Try think lustful thoughts. Imagine you are looking at someone you really want to be with. Build the energy through your body, and transmit it through your eyes.

Your face should remain deadpan. Use visualization techniques if it helps. As you get better at this, you'll be able to turn it on. You'll be able to make your eyes go from "dead" to "intense" in a few seconds. This is a powerful effect skill!

Once you start getting the hang of this, it is time to try it on someone. Combine small talk with intense eye contact. You will be sending out mixed signals.

Because you are being indirect, the other person will often tune out of the conversation and lose themselves in your gaze. They won't analyze, but they will pick up on your flirtation subconsciously.

This will not seduce a woman on it's own. This is merely a good ingredient of complete seduction. You still have to go out and meet people. However, your new found expressiveness will work very well in nightclubs, where non-verbal communication is the order of the day.

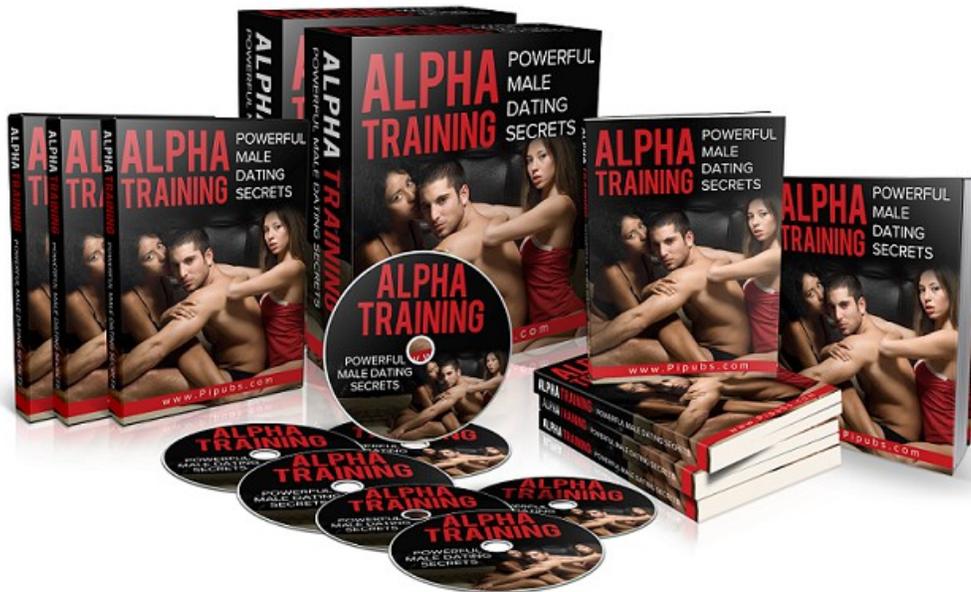
You can use this all the time to seduce a woman , but you don't want to go around "using the look" on people all the time. You should just have an alert, attentive look. Holding eye contact for a second longer than normal can say everything.

Make sure that you are not establishing too much eye contact or women will get freaked out and will go run off. So its just a small crush like eye contact.

Eyes are one of the most seductive parts of your body. If you have nice eyebrows and beautiful eyes; try this: When talking to a woman, subtly raise one eyebrow, look deep into her eyes, but continue listening, eventually she will get lost in the conversation, but you need to continue listening to the conversation, listening is essential!

Eye contact is the best and easiest thing you can

do to start to seduce a woman. You can look deeply into the woman's eyes while also taking time to break eye contact to keep things from getting too intense.



How to attract women by showing your a man.

"Two of the main traits beautiful women are attracted to in men are power and self-confidence," says Warren Farrell, Ph.D., author of *The Myth of Male Power* and an expert on man-woman relations. So in order to seduce a woman you must learn to exhibit both.

Most men are intimidated by good looks, because of this, the amount of competition for beautiful women is not what you might think it is.

In fact, the reason many unassuming guys are with knockouts is simple: They were the ones who took the risk.

"If a man is intimidated by a woman's looks, she assumes he's going to be intimidated by the world in general."

A guy who takes a chance, shows confidence by overcoming the desire to run when he comes face-to-face with a beautiful woman.

While very beautiful women get plenty of propositions from the alcohol induced brave, they encounter comparatively few serious (and sober) suitors.

You can score big points with a beautiful woman simply by making a confident approach and by treating her like a normal person (which is probably what she is) underneath that skimpy black dress and makeup.

You should never worry about rejection. It happens! This may require a little emotional detachment , but you should never take rejection to heart.

There could be all kinds of reasons, and none of them to do with you. You can not seduce a woman if you are worried about rejection.

Do not let a rejection destroy your self-

confidence.

Keep your approach casual. Don't let yourself get so nervous that you forget basic conversational skills. Instead, try to stay calm and open the conversation in a low-keyed way. If you have never talked to the woman before, you may even find an excuse to talk to her.

Try asking a question about something going on around you at the moment, or talk about a local sports team. Anything in the here and now, even the old standby, the weather, although that subject may be seen as lame.

If you're texting a person for the first time, make sure she knows who you are, so that they don't feel creeped out. Usually if you are texting a woman, you have already met. So instead of saying this is so-and-so, remind her of what you were doing, or something that was happening. This will put an image of you in her mind.

Don't make the mistake of talking about yourself too much. The majority of men are most comfortable talking about themselves, because it's a topic they know well, and because they think they are building some kind of status with a woman, they're not. Instead of giving in to the temptation, and discussing you endlessly, encourage the woman to talk about her self.

However, you should occasionally throw some personal facts about yourself, in to the conversation, to help her to ask questions about you in turn. Remember, you are also trying to get to know each other. The key is to leave it up to the woman to pursue an interest in things relevant to yourself.

This tactic actually serves two purposes: Not only does it keep the conversation going, but it allows you to find out more about the woman you are interested in. This is especially good if you don't possess prior information about the woman. If you don't know her very well yet, you can ask questions such as:

"How did your day go?"

"So, what do you do with your free time?"

If you do know the other person a bit, focus on something you're already aware of, such as a hobby or interest. For instance, maybe she is really into sports, or you know she loves to read. "Did you see the game last night?" or "Have you read any good books lately?" would be great starts. Whatever you do, try not to have it come off as sounding like an interview.

You can keep the discussion lively and interesting without probing too deeply on personal topics. For instance, asking a woman what exactly she likes about running cross-country would be a great

idea; asking her for more details on family relationships or close friendships would be too much,... too soon.

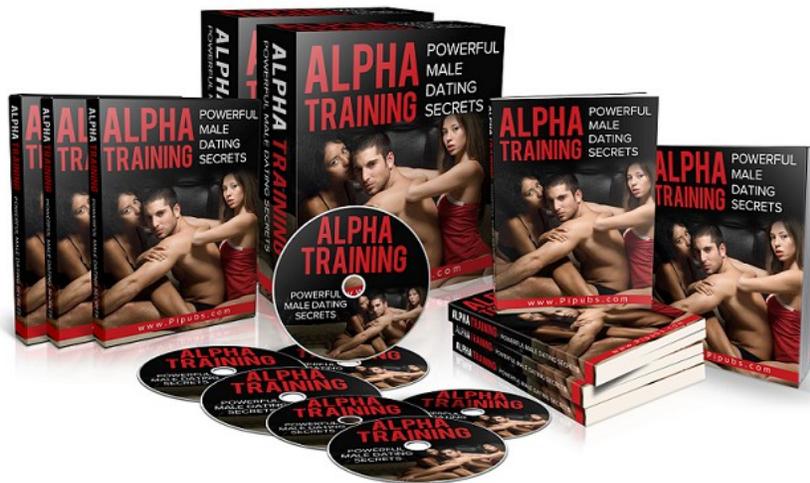
Know when to press for more information. You must do this in a joking, bantering flirtatious way so that it doesn't feel too serious. Do not converse like you're interviewing the woman.

Here are some ways to ask for more information flirtatiously:

"So are you planning on spending all night online or do you have more exciting plans for this evening?"

"Are you going to kick some butt in tonight's game?"

"I've noticed the cute kitty in your profile picture. Is that who you spend most of your time with?"



Try Being Playful. An Important Step To Seduce A

Smile. Flirt. Touch. Tease. Don't be too serious. Women enjoy having a good time. Have fun with this woman. Enjoy the game. Studies have found that a being playful makes people more attractive. Playfulness in males signals non-aggression.

Humor is another important part of your personality that contributes to attractiveness. Women are more likely to give their phone number to men who use humor. And keep in mind that people in general don't like other people who can't take a joke, or are easily offended if anything bad gets said about them. Be able to take criticism in stride. Hey, if you dish it out (and you should; playfulness is attractive) you should also be able to take it.

Becoming More Playful - A Learning Step

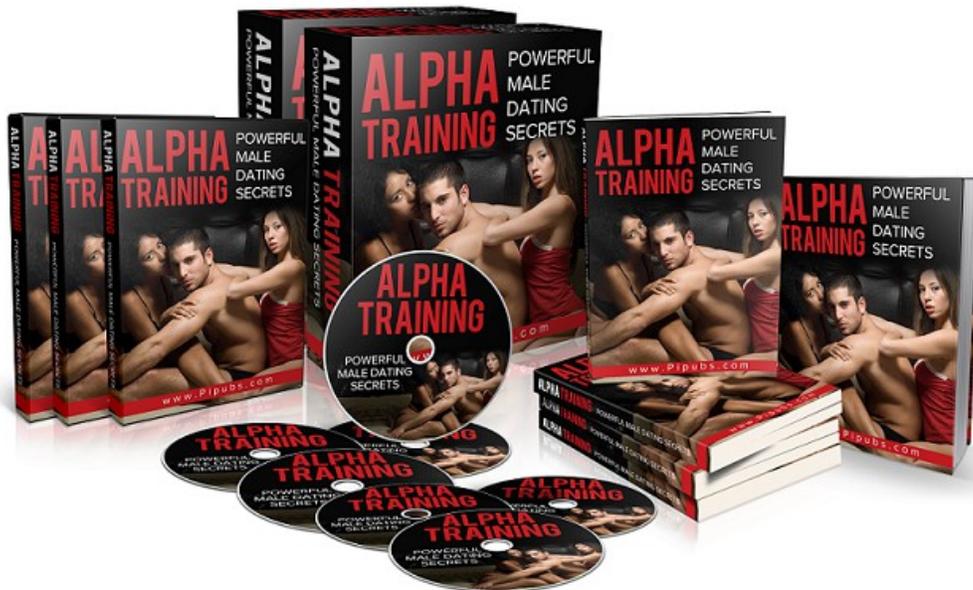
Spend more time around kids. Spending time with children is the easiest way to become more playful. You should play with them, not so much with the goal of teaching them. Take the time to learn from them, watch how they approach and look at life. Children look at everything as new, with curiosity, excitement, and joy. You should try to remember approaching life in this more playful manner.

Take the time to play with a pet. If you have a

dog or a cat or know a friend who does, then spend more time playing with animals. Whether you're walking a dog or tossing a ball to it, or playing around with your cat and a feather toy, playing with animals will alter how you look at things, and will help you approach life in a more playful way. Being around animals can help you take some of the structure out of your life and to approach things in a less controlled way.

Compliment the woman early in the conversation. Don't chicken out and skip this step, it might seem difficult, but it's incredibly important. A compliment communicates that you're potentially interested in dating, and steers you away from the dreaded friend-zone. If you skip paying the woman a compliment and simply keep the conversation on a friendly level, it might be too late next time.

If you don't know the woman very well yet, but you're working on it, use a generic compliment. Say something like, "It's so easy to talk to you," or "I kind of can't believe I'm getting to know someone as interesting as you." Try weaving the compliment into the conversation. For instance, if the girl you like is talking about how she had a terrible day, you could say something like "I hate seeing someone as beautiful as you feel so unhappy. What can I do to help?"



How To Seduce A Woman Personality Traits.

How to seduce a woman is often HOW you say something not WHAT you say. What I find interesting is women can be completely seduced by a guy without him saying a word. Just through the sheer presence of his aura, he can hypnotically attract her. I'll reveal five simple ways on how to seduce a woman without needing to say too much.

Whatever you're heard about women is probably false. While they profess a desire for "nice guys" who treat them like gold, most secretly want a guy who can demonstrate high status and a bit of cockiness.

While you don't have to act like an arrogant jerk, you **MUST** demonstrate that you're a guy who has high status and is popular in a social context. So when you're around women, you need to show that you're a leader **NOT** a follower. This means being the center of attention and carrying a conversation.

By doing this, you'll demonstrate qualities like initiative, confidence and authority. All of these are seductive qualities to women.

y Desirable

A Trait that's equally important to showing a high status is to display a sexually desirable attitude. Remember that women are **EMOTIONAL** creatures. So they're typically attracted to the men who can show that they're sexually desired by other women.

The best way to do this is to make reference to girls you've dated. Additionally in a public setting, you should be seen talking to lots of different women. The more a woman sees you **DESIRED** by "the competition", the more she'll find you interesting.

You're probably sick and tired of girls saying they want a confident guy. But there's a simple reason for why they say this...

It's because they WANT a confident guy.

In order to be seductive to a woman, you must show that you're comfortable in all situations. This is true even if she tests you or tries to be manipulative. No matter what happens, you should maintain a confident attitude. The simple truth is women consider a lack of confidence to be a "deal breaker".

There are not many women around who want a guy who shows a lack of confidence. So if you're lacking confidence, then you MUST find the root reason for it. Then work hard to improve this area of your life.

While these qualities are important, you can still be seductive even if you're lacking in this area. Now if don't have lots of money or a great job, you have to still demonstrate that you have the core trait of ambition. A woman is willing to forgive a lack of present means if you can show that you have dreams that you're working towards.

To show this seductive quality, you have to demonstrate that you're a guy who is working towards something. In fact, a great technique is clearly describe your goals and what they mean to you. A man that does not have goals will psychologically tell women to stay away. This is because as human beings, we expect to meet

another person and have a family with them one day.

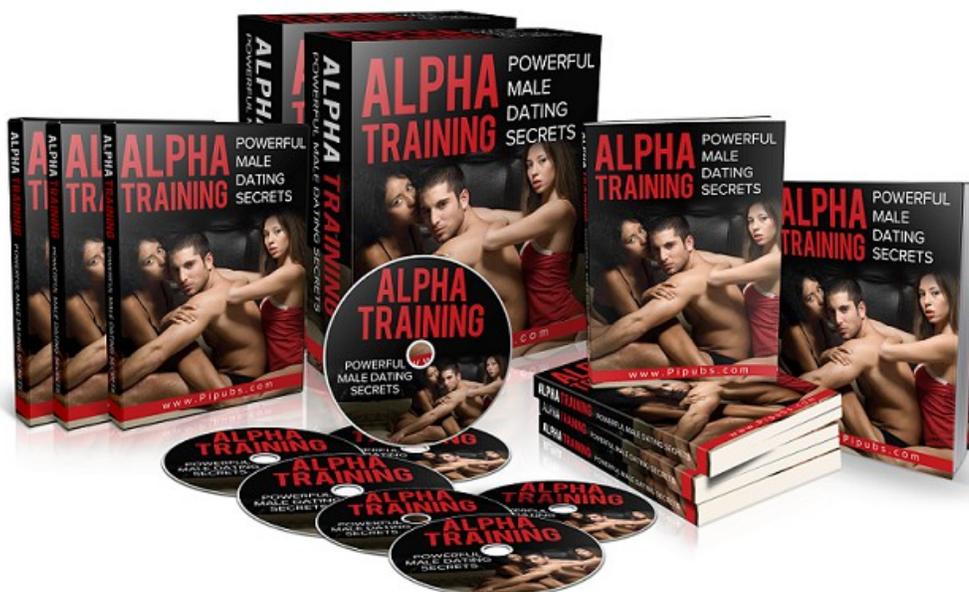
A man who has no goals seems like they do not want the best life has to offer and therefore sends a subconscious message that they will not be the best provider or role model to any future children that might be had.

Women typically have set high goals in their lives and strive to achieve them to better themselves. They are attracted to men with the same ideals. A man who knows where he wants to be in life and how to get there is very attractive. It shows that they want to make the most out of life and are up to any challenge that comes their way. It shows will and determination, which are great qualities.

As I said before, women are emotional creatures. While they might claim to want a nice guy, they'll always be seduced any guy who is a provider of fun and exciting times. The best way to show this quality is continuously tell stories about your life and the various adventures you have. And the best way to do this is a technique called the "Future Adventures" routine.

It's a fairly easy concept to use. Whenever you talk to a woman, you describe the fun and exciting things SHE could have with you. By emotionally talking about a possible adventure, you'll draw her under your hypnotic spell.

Being able to seduce women often comes down to displaying a personality which women mysterious and interesting. When you demonstrate a superior attitude, women will be naturally drawn to you. If you learn to implement the five personality Traits I discussed in this article, women will naturally find you seductive.



t women and become a Master

You don't have to be a language professor when talking with a woman, but it is essential to be able to converse confidently yet at the same time somewhat eloquently.

The better your conversational skills, the easier it is to persuade, influence, and attract.

As a matter of fact, conveying interest through words coupled with the right body language can shoot your success rate to the roof.

To seduce a woman, there is no faster way than physical contact. Your strongest ally to attract women is touch. It creates both comfort and powerful sexually charged feelings.

Studies have shown that the lion share (percents vary study to study) of human communication is non-verbal.

The more you are aware of your body movements and facial expressions, the more you can control them.

By using the proper body movements, gestures and facial expression, you can convey to the outside world that you are a man.

A lot of articles will tell you appearance doesn't matter, but to stand out from the crowd, you have to be dressed right.

People focus a lot of on what you wear, as this is the first thing that strikes them when they see you, and part of their first impression.

But it is essential that you should be dressed to the social context while trying to stand out and be

unique from the crowd.

It is important that you believe in your Physical attraction: You might not be Brad Pitt. You might not be tall. But that does not mean that you can't be physically attractive.

If you can fine tune some physical characteristics that you have, your chances will multiply with women.

Concentrating on some physical workouts to tighten up the body, trimming and shaving unnecessary hair, smelling good, and having a fresh breath, will convey to a woman that you take care of your appearance.

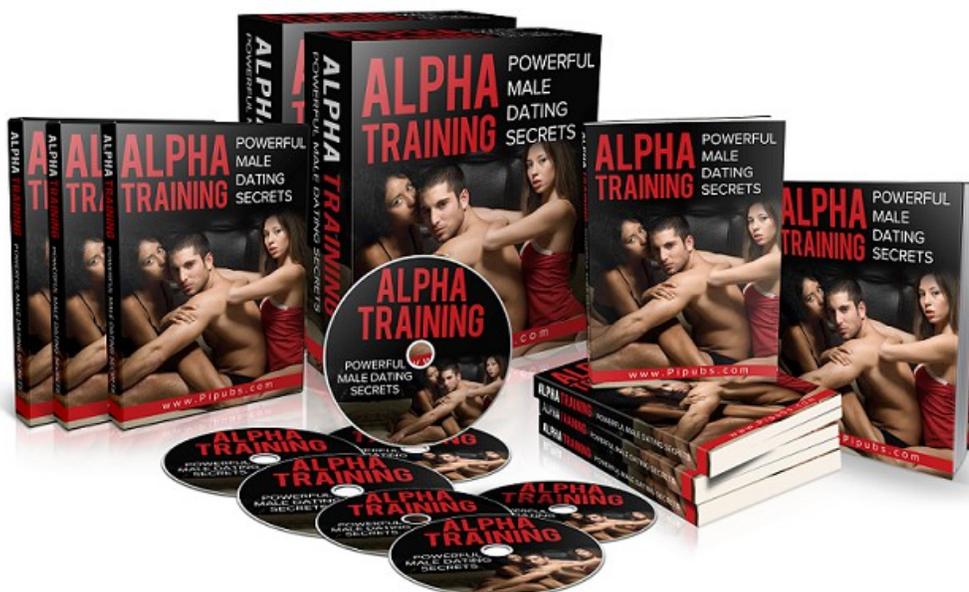
But don't go overboard, she will still want to be the pretty one.

According to Robert Cialdini, the author of the best-selling book Influence, people will tend to put higher value on things that they see other people doing. No woman wants to be with a man that no other woman wants.

By being surrounded with women, having fun with them throughout the night, conveys that you are an un-needy, interesting and high value male.

According to the great guru, Anthony Robbins, "repetition is the mother of skill". The more you are exposed to situations with women, the better your chances are to respond correctly to every situation that arises (flirting, rejection, attraction, resistance, etc).

By studying other seducers who have devised systems to respond to any situation, how to seduce a woman will come much easier. But be carefully, not everyone is as good at seducing a woman as they say they are.



Since women are the one's whom do the selecting in the mating game, it is important for you to show them that you are the prize they are competing for.

You must exhibit the right attitudes and beliefs. If you are faking , women will sense it and expose you.

You must be able to convey to women, the belief that if they fall short of the your expectations, that they will be screened out.

Suddenly, they are proving themselves to you.

You must learn to remain relaxed. The more comfortable you feel, the more comfortable the woman will feel around you, and the more receptive they will be.

Try walking somewhere close instead of driving. Even just a little physical activity can reduce stress and help you relax.

You could listen to music that's proven to reduce stress, lower blood pressure, and fight an elevated heart rate.

Get a good night's sleep! Lack of sleep means more stress. People who sleep more usually have an easier time relaxing.

What ever you do, learn to relax, in any situation, it is the first step in achieving self-confidence.

